



# **The European Youth Olympic Festival In Artistic Gymnastics For Men and Women**

**Tampere (FIN)  
July 18<sup>th</sup> – 25<sup>th</sup>, 2009**

## **Work Plan**

**UEG Men's Technical Committee  
UEG Women's Technical Committee  
OC of the European Youth Olympic Festival 2009, Tampere (FIN)**

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## 1. RESPONSIBLE OFFICERS

### WAG

UEG Technical Delegate	Mrs. Yvette Brasier
National Technical Delegate	Mrs. Satu Murtonen
Competition Director	Mrs. Riitta Harju-Villamo

### MAG

UEG Technical Delegate	Mr. Tom Thingvold
National Technical Delegate	Mr. Teppo Kalaja
Competition Director	Mr. Joni Koivunen

Any queries, complaints, protests and objections are to be submitted to the above officers.

## 2. SCHEDULE

DATE	TIMES	ACTIVITY	PLACE/VENUE
Saturday, 18 <sup>th</sup> July	All day 14h00-20h30	Arrival of the delegations MAG/WAG Free training	TESC
Sunday, 19 <sup>th</sup> July	7h20-18h15	MAG Training as per schedule	TESC
	8h00-10h00	MAG Judges draw	TESC
	9h30-10h00	MAG Apparatus control	TESC
	9h00-11h45	MAG Official training on the podium - 1 <sup>st</sup> subdivision	TESC
	11h45-14h30	- 2 <sup>nd</sup> subdivision	TESC
	14h30-16h45	- 3 <sup>rd</sup> subdivision	TESC
	16h45-19h00	- 4 <sup>th</sup> subdivision	TESC
	8h30-18h50	WAG Training as per schedule	TESC
	10h00-13h00	WAG Judges' instructions and draw	TESC
	20h00-22h30	Opening ceremony	Tampere Ice Stadium

Monday, 20 <sup>th</sup> July	8h15-19h00	WAG Training as per schedule	TESC
	9h30-10h00	WAG Apparatus control	TESC
	9h30	WAG Judges´ roll call	TESC
	10h00-12h00	WAG Official training on the podium - 1 <sup>st</sup> subdivision	TESC
	12h15-14h15	- 2 <sup>nd</sup> subdivision	TESC
	15h00-17h00	- 3 <sup>rd</sup> subdivision	TESC
	17h15-19h15	- 4 <sup>th</sup> subdivision	TESC
	9h00-21h30	MAG training as per schedule	TESC
	10h00-12h00	MAG judges´ instructions	TESC
	20h30	Orientation meeting (Technical meeting) Deadline for submitting the starting order for CI MAG/WAG	OLV. Festia, Small Auditorium
Tuesday, 21 <sup>st</sup> July	7h20-20h45	MAG training as per schedule	TESC
	8h00	MAG judges´ meeting	TESC
	8h30-9h00	MAG Apparatus control	TESC
	9h00-12h00	<b>MAG CI</b> <ul style="list-style-type: none"> <li>• Team Final Results</li> <li>• Qualification for CII and CIII</li> </ul> - 1 <sup>st</sup> subdivision	TESC
	13h00-16h00	- 2 <sup>nd</sup> subdivision	TESC
	16h30-18h45	- 3 <sup>rd</sup> subdivision	TESC
	19h15-21h30	- 4 <sup>th</sup> subdivision	TESC
	21h30	Award Ceremony	TESC
	9h00-19h20	WAG training as per schedule	TESC

Wednesday, 22 <sup>nd</sup> July	8h15-20h00	WAG Training as per schedule	TESC
	8h30	WAG judges' meeting	TESC
	9h30-10h30	WAG Apparatus control	TESC
	10h00-12h10	<b>WAG CI</b> <ul style="list-style-type: none"> <li>• Team Final Results</li> <li>• Qualification for CII and CIII</li> </ul> - 1 <sup>st</sup> subdivision	TESC
	12h25-14h35	- 2 <sup>nd</sup> subdivision	TESC
	15h30-17h40	- 3 <sup>rd</sup> subdivision	TESC
	18h10-20h20	- 4 <sup>th</sup> subdivision	TESC
		Award Ceremony	TESC
	21h00	Deadline for submitting the WAG confirmation of participation for CII	TESC
	10h00	Deadline for submitting the MAG confirmation of participation for CII	TESC
	9h00-21h30	MAG training as per schedule	TESC
Thursday, 23 <sup>rd</sup> July	8h50-19h30	MAG training as per schedule	TESC
	11h00-11h30	MAG judges meeting	TESC
	11h30-12h00	MAG Apparatus control	TESC
	12h00-15h00	<b>MAG CII</b> and Award Ceremony	TESC
	15h30	Deadline for submitting the MAG confirmation of participation for CIII	TESC
	9h30-18h30	WAG training as per schedule	TESC
	15h30-16h30	WAG judges meeting and WAG judges draw for CIII	TESC
	16h30-17h00	WAG Apparatus control	TESC
	17h00-19h30	<b>WAG CII</b> and Award Ceremony	TESC
	20h00	Deadline for submitting the WAG confirmation of participation for CIII	TESC

Friday, 24 <sup>th</sup> July	9h00-16h30	MAG training as per schedule	
	11h30-12h15	MAG judges meeting and draw for CIII	TESC
	9h30-16h30	WAG training as per schedule	TESC
	12h15-13h00	WAG judges meeting	TESC
	12h30-13h00	MAG/WAG Apparatus control	TESC
	13h00-17h00	<b>MAG/WAG CIII</b> and Award Ceremony	TESC
	20h00	Closing Ceremony	Tampere Stadium OLV
Saturday, 25 <sup>th</sup> July	All day	Departure of the delegations	

### 3. THE COMPETITION

#### 3.1. The format of the competition

#### Tuesday, July 21<sup>st</sup>, MAG CI

##### Team Final Results

Each national federation can enter 3 male gymnasts  
and a maximum of 3 gymnasts can participate per apparatus, the 2 best scores count.

Qualification for CII and CIII

#### Wednesday, July 22<sup>nd</sup>, WAG CI

##### Team Final Results

Each national federation can enter 3 female gymnasts  
and a maximum of 3 gymnasts can participate per apparatus, the 2 best scores count.

Qualification for CII and CIII

**Thursday, July 23<sup>rd</sup>, MAG and WAG CII**

The 24 gymnasts with the highest ranking obtained in the qualifying competition CI will qualify for the individual all-around final CII

A maximum of 2 gymnasts per national federation are allowed in this final.

3 reserve gymnasts will be determined

**Friday, July 24<sup>th</sup>, MAG and WAG CIII**

The 8 highest ranked gymnasts in the qualifying competition CI per apparatus will qualify for the apparatus finals CIII

A maximum of 2 gymnasts per national federation are allowed in these finals.

3 reserve gymnasts will be determined for each final







**3.2. The qualifying competition (CI)**

3.2.1. The warm-up in the competition CI will take place on the podium – 30 sec./gymnast (50 sec/gymnast at parallel bars). For WAG, according to the FIG 2009 Code of Points.







3.2.2. The starting order of CI, according to the draw of lots carried out in Tampere, on 24<sup>th</sup> April 2009 by the Technical Delegates and the Organising Committee, resulted in the following order:

**MAG Competition**







Subdivision 1: Tuesday, July 21<sup>st</sup>, 9h00-12h00

Subdivision 1 Rotation 1						
	<b>ISL</b>				<b>SUI</b>	<b>MKD - CRO</b>
	<b>AUT – CYP</b>				<b>ITA</b>	<b>NED</b>
	<b>LAT</b>				<b>MON - DEN</b>	<b>ISR</b>







Subdivision 2: Tuesday, July 21<sup>st</sup>, 13h00-16h00

Subdivision 2 Rotation 1						
	<b>GER</b>				<b>ESP</b>	<b>FIN</b>
	<b>BLR</b>				<b>HUN</b>	<b>ARM</b>
	<b>ROU</b>				<b>CZE</b>	<b>FRA</b>

Subdivision 3: Tuesday, July 21<sup>st</sup>, 16h30-18h45

Subdivision 3 Rotation 1						
	<b>RUS</b>				<b>NOR</b>	<b>GBR</b>
	<b>GEO - SVK</b>				<b>POR</b>	<b>BUL</b>

Subdivision 4: Tuesday, July 21<sup>st</sup>, 19h15-21h30

Subdivision 4 Rotation 1						
	<b>SLO</b>				<b>POL</b>	<b>UKR</b>
	<b>BEL</b>				<b>TUR</b>	<b>GRE</b>





The MAG Technical Delegates and MAG Competition Director have the authority to adjust groups and time schedule according to the actual number of gymnasts present at the time of the competition.

**WAG Competition**





Subdivision 1: Wednesday, July 22<sup>nd</sup>, 10h00-12h10

Subdivision 1 Rotation 1				
	<b>ITA</b>	<b>ISR - SRB</b>	<b>UKR</b>	<b>FRA</b>
	<b>SWE</b>	<b>FIN</b>	<b>BEL</b>	





Subdivision 2: Wednesday, July 22<sup>nd</sup>, 12h25-14h35

Subdivision 2 Rotation 1				
	<b>ISL</b>	<b>SUI</b>	<b>CZE</b>	<b>IRE</b>
	<b>POL</b>	<b>DEN - MKD</b>	<b>LAT</b>	<b>SLO</b>

Subdivision 3: Wednesday, July 22<sup>nd</sup>, 15h30-17h40

Subdivision 3 Rotation 1				
	<b>POR</b>	<b>HUN</b>	<b>LTU</b>	<b>ARM - CRO</b>
	<b>RUS</b>	<b>BIH - LUX</b>	<b>NOR</b>	<b>GRE</b>

Subdivision 4: Wednesday, July 22<sup>nd</sup>, 18h10-20h20

Subdivision 4 Rotation 1				
	<b>BLR</b>	<b>AUT - SVK</b>	<b>GER</b>	<b>NED</b>
	<b>ROU</b>	<b>TUR</b>	<b>ESP</b>	<b>GBR</b>

The WAG Technical Delegates and WAG Competition Director have the authority to adjust groups and time schedule according to the actual number of gymnasts present at the time of the competition.

3.2.3. Deadlines for submitting the starting order for CI MAG/WAG: Orientation meeting (Technical meeting) on Monday 20<sup>th</sup> July 2009

### 3.3. The all-around final (CII)

3.3.1. The all-around final will take place on Thursday, July 23<sup>rd</sup>, as follows:

- MAG 12h00-15h00
- WAG 17h00-19h30

3.3.2. The 24 gymnasts with the highest ranking obtained in the competition CI will qualify for the all-around final CII. In case of a tie for any place, the tie breaking rules for Olympic set out in FIG/TR will apply







3.3.3. A maximum of 2 gymnasts per national federation are allowed in this final. 3 reserve gymnasts will be identified. If a qualified gymnast is prevented from taking part in the competition CII, the next gymnast from that federation can replace him, on the condition that his/her result is better than that of the first reserve. The reserve will take the starting position of the gymnast they replace.

3.3.4. Withdrawals/replacements of gymnasts will be accepted within a limit of 30 minutes prior to the competition, provided that the above mentioned conditions are met. They are to be submitted to:





- For the MAG competition to Mr. Tom Thingvold, the UEG Technical Delegate.
- For the WAG competition to Mrs. Yvette Brasier, the UEG Technical Delegate.

3.3.5. The starting order of CII, according to the draw of lots carried out in Tampere, on 24<sup>th</sup> April 2009 by the Technical Delegates and the Organising Committee, resulted in the following order:

MAG Competition: Thursday, 23<sup>rd</sup> July 12h00-15h00

					
9				23	4
13				7	3
20				24	6
16				21	11
15				18	19
17				12	2
14				5	8
10				22	1

WAG Competition: Thursday, 23<sup>rd</sup> July 17h00-19h30

			
5	4	19	9
21	22	17	2
16	3	13	11
20	1	8	18
24	6	12	10
15	23	14	7











3.3.6. The warm-up in the CII will take place on the podium – 30 sec./gymnast (50 sec/gymnast at parallel bars). For WAG, according to the FIG 2009 Code of Points.

3.3.7. Deadline for submitting the confirmation of participation to CII:

- MAG: Wednesday, 22<sup>nd</sup> July , 10h00 at the Gymnastics competition office in the TESC.
- WAG: Wednesday, 22<sup>nd</sup> July , 21h00 at the Gymnastics competition office in the TESC.

### 3.4. The apparatus finals (CIII)

3.4.1. The apparatus finals will take place on Friday, July 24<sup>th</sup> 13h00-17h00

MAG 	MAG 	MAG 	Award Ceremony	MAG 	MAG 	MAG 	Award Ceremony
	WAG 	WAG 			WAG 	WAG 	

3.4.2. The highest 8 ranked gymnasts on each apparatus will qualify for the final. In case of a tie for any place, the tie breaking rules for Olympic set out in FIG/TR will apply







3.4.3. Maximum 2 gymnasts /apparatus/NOC are accepted. 3 gymnasts will be appointed as reserves in each apparatus, according to the results obtained. If a qualified gymnast is prevented from taking part in the competition C III, the next gymnast from his/her NOC can replace him/her, on the condition that their result is better than that of the first reserve. The reserve will take over the starting position of the gymnast they replace.

3.4.4. Withdrawals/replacements of gymnasts will be accepted within a limit of 30 minutes prior to the competition of the concerned apparatus final, provided that the conditions mentioned above, are met. They are to be submitted to:





- For the MAG competition to Mr. Tom Thingvold, the UEG Technical Delegate.
- For the WAG competition to Mrs. Yvette Brasier, the UEG Technical Delegate.

3.4.5. The starting order of CIII, according to the draw of lots carried out in Tampere, on 24<sup>th</sup> April 2009 by the Technical Delegates and the Organising Committee, resulted in the following order:

#### MAG Competition

											
Rank CI	Order CIII	Rank CI	Order CIII	Rank CI	Order CIII	Rank CI	Order CIII	Rank CI	Order CIII	Rank CI	Order CIII
1	3	1	1	1	1	1	2	1	2	1	7
2	2	2	7	2	6	2	6	2	1	2	4
3	1	3	5	3	5	3	4	3	3	3	2
4	8	4	2	4	4	4	1	4	8	4	6
5	7	5	8	5	3	5	3	5	5	5	3
6	5	6	4	6	7	6	5	6	6	6	5
7	4	7	6	7	8	7	7	7	7	7	1
8	6	8	3	8	2	8	8	8	4	8	8

#### WAG Competition:

							
Rank CI	Order CIII	Rank CI	Order CIII	Rank CI	Order CIII	Rank CI	Order CIII
1	5	1	6	1	6	1	7
2	7	2	4	2	8	2	4
3	2	3	7	3	2	3	3
4	6	4	8	4	3	4	2
5	4	5	2	5	1	5	6
6	8	6	1	6	4	6	1
7	3	7	5	7	5	7	5
8	1	8	3	8	7	8	8

3.4.6. The warm-up in the CIII will take place on the podium – 30 sec./gymnast (50 sec/gymnast at parallel bars). For WAG, according to the FIG 2009 Code of Points.

3.4.7. Deadline for submitting the confirmation of participation to C III:

- MAG: Thursday, 23<sup>rd</sup> July , 15h00 at the Gymnastics competition office in the TESC.
- WAG: Thursday, 23<sup>rd</sup> July , 20h00 at the Gymnastics competition office in the TESC.

### 3.5. Access to the competition area

- The competition area is accessible to the members of the various juries, competing gymnasts and their accredited coaches, to local group leaders, to the auxiliary personnel of the Jury, to the official doctor, to the team doctors, and medical personnel, to persons concerned with the apparatus. One medical person per team is permitted to accompany the gymnasts and coaches during all Competitions.

- Interpreters may not enter the competition area without the permission of the UEG Technical Delegate MAG/WAG.
- The competition area is forbidden to all other persons.
- No unnecessary items will be brought to the competition area.
- The use of any kind of electronic devices (video, mobile phones, etc.) is forbidden in the competition area for gymnasts, coaches and judges.
- At the beginning of the competitions, all gymnasts have to be present. If a gymnast does not compete on several consecutive apparatus, they are allowed to go back to the warm up hall during a rotation. They will rejoin their group during another rotation.
- Number of Coaches for WAG permitted in the competition area  
Qualifying Competition (CI) for:
  - 2-3 gymnasts - 1 female and 1 male coach or 2 female coaches; if only 1 coach, then the coach may be a male.
  - 1 gymnast – 1 coach (F or M)
 All-Around Competition (CII) and Apparatus Finals Competition (CIII) for:
  - each gymnast – 1 coach (*UB – may be 2 persons*)
- Number of Coaches for MAG permitted in the competition area  
Qualifying Competition (CI) for:
  - 2-3 gymnasts – 2 coaches
  - 1 gymnast – 1 coach
 All-Around Competition (CII) and Apparatus Finals Competition (CIII) for:
  - each gymnast – 1 coach

### 3.6. The awarding ceremonies

#### 3.6.1. The awarding ceremonies will take place:

- For CI  
MAG competition 21<sup>st</sup> July, 21h30  
WAG competition 22<sup>nd</sup> July, 20h20
- For CII  
MAG competition, 23<sup>rd</sup> July, 14h30  
WAG competition, 23<sup>rd</sup> July, 19h00
- For CIII  
MAG/WAG competition, 24<sup>th</sup> July, first after MAG rings/WAG uneven bars and then after MAG horizontal bar

#### 3.6.2. The awarding ceremonies will be organised as follows:

- For CI – 3 teams
- For CII – 3 gymnasts
- For CIII – 3 gymnasts

#### 3.6.3. In accordance with the FIG regulations, the gymnasts are requested to wear competition attire during the awarding ceremonies.

### 3.7. The apparatus supplier

The apparatus supplier for the 2009 European Youth Olympic Festival is Gymnova.

### **3.8. The scoring and distribution of results**

The secretary of the competition will provide the following information, after each competition, through the Gymnastics competition office in the TESC.

- List of ranking of all teams from competition CI MAG/WAG
- List of ranking of all participants from competition CI MAG/WAG
- List of ranking of all participants in each apparatus from competition CI MAG/WAG
- List of qualified gymnasts (24) for competition CII MAG/WAG and the 4 reserves
- List of qualified gymnasts (8) for competition CIII MAG/WAG and the 3 reserves
- List of the final ranking for competition CII MAG/WAG
- List of the final ranking for competition CIII MAG/WAG

### **3.9. The orientation meeting (Technical meeting)**

The orientation meeting, taken place at the OLV – Festia, Small Auditorium on Monday, July 20<sup>th</sup> at 20h30 is mandatory. A maximum of 2 members per NOC and discipline (total 4) is recommended.

### **3.10. Written exercises**

It would be appreciated if NOC would submit their gymnasts' exercises in symbol notation to the WAG Technical Delegates before official training (WAG only)

### **3.11. New elements**

Submission of new elements to UEG Technical Delegates in the orientation meeting, taken place at the OLV – Festia, Small Auditorium on Monday, July 20<sup>th</sup> at 20h30

### **3.12. Inquiry**

According to the FIG/TR and Code of Points all inquiries must be submitted on the correct EYOF form. In CI and CII the inquiry will be handled after each rotation (in the last rotation before the last score has been flashed), in CIII before next gymnast's score will be flashed.

- For the 1st inquiry the amount of € 300.-
- For the 2nd inquiry the amount of € 500.-
- For the 3rd inquiry the amount of € 1'000.-

must be paid to the OC, by the end of the competition at the very latest.

### **3.13. The competition numbers**

The delegation leaders will be given their respective gymnasts' competition numbers by the OC at the orientation meeting. The numbers are to be firmly attached to the competition attire during the whole competition.

### **3.14. The doping control**

All the athletes participating in the 2009 EYOF may be tested at all times in whatever place during the whole period of the games – from 18th to 25th of July 2009 – out of competition and/or in competition. The doping controls will be done following the WADA rules and IST in force during the competitions. All the forbidden substances included the WADA 2009 official lists are subject to detection.

## 4. THE JURY

### 4.1. The superior jury

#### WAG

President of the jury

Mrs. Yvette Brasier

Member of the jury

Mrs. Satu Murtonen

#### MAG

President of the jury

Mr. Tom Thingvold

Member of the jury

Mr. Teppo Kalaja

### 4.2. The apparatus jury

#### 4.2.1. Judges of NOC

- The judges' names (MAG/WAG) have to be sent to the EYOF Organising Committee Competition Manager Ms. Elisa Hakanen [elisa.hakanen@tampere2009.fi](mailto:elisa.hakanen@tampere2009.fi) until 1<sup>st</sup> June 2009

#### 4.2.2. The D-jury

- The D-panels will be nominated by the Technical Delegates according with the category of the judges in the 12<sup>th</sup> FIG cycle
- D-jury will remain the same throughout the competition

#### 4.2.3. The E-jury

- The E-judges panels will be drawn. In case there are insufficient numbers of judges from the participating present NOC, the Technical Delegates and Organizing Committee will appoint the necessary number of judges from the host NOC.
- For competition CIII, only judges from NOC without qualified gymnasts (including reserves) are allowed to judge in the E-jury panel at the respective apparatus.

### 4.3. The judges' instruction and draw of lots

#### 4.3.1. The judges' instruction/draw will take place at the TESC as follows:

- For the MAG competition:
  - Draw for CI and CII on Sunday 19<sup>th</sup> July, 8h00-10h00
  - Instruction on Monday, 20<sup>th</sup> July, 10h00 -12h00
  - Draw for CIII on Friday, 24<sup>th</sup> July, 12h30 -13h15
- For the WAG competition:
  - Instruction/draw for CI and CII on Sunday, 19<sup>th</sup> July, 10h00 -13h00
  - Draw for CIII on Thursday, 23<sup>rd</sup> July, 15h30 -16h30

#### 4.3.2. According to the FIG/TR, a judge's attendance at the judges' instruction is mandatory.

#### 4.3.3. The judges' instruction will be held in English.

#### **4.4. The judges' meetings**

The judges' meetings prior to the competition will take place at the TESC as follows:

- For the MAG competition:
  - CI on Tuesday, 21<sup>st</sup> July, 08h00
  - CII on Thursday, 23<sup>rd</sup> July, 11h00
  - CIII on Friday, 24<sup>th</sup> July, 11h30
- For the WAG competition:
  - CI on Wednesday, 22<sup>nd</sup> July, 08h30
  - CII on Thursday, 23<sup>rd</sup> July, 15h30
  - CIII on Friday, 24<sup>th</sup> July, 12h15

### **5. TRAINING.**

#### **5.1. The training is according to the schedules attached.**

#### **5.2. The official podium training**

5.2.1. The official podium training will take place as follows:

- For the MAG competition on Sunday, 19<sup>th</sup> July, from 9h00 to 19h00
- For the WAG competition on Monday, 20<sup>th</sup> July, from 10h00 to 19h15

5.2.2. The presence of the judges at the official training is mandatory.

### **6. THE ACCOMMODATION**

All athletes will be accommodated in the OLV area in Hervanta suburb, Tampere.

The accommodation of judges will be informed later.

### **7. THE TRANSPORTATION**

The Organising committee will provide transportation between OLV and competition/training hall.

### **8. THE VENUE**

The training and competition hall (A) of gymnastics is at the Tampere Exhibition and Sports Centre (TESC). Address Ilmailunkatu 20, Tampere

### **9. THE REGULATIONS**

The 10<sup>th</sup> European Youth Olympic Festival for Men and Women, Tampere (FIN), 2009 will take place under the following valid regulations:

- The EYOF Technical Manual
- The EYOF Work Plan
- The FIG Technical Regulation
- The Code of Points

The Technical Delegates will handle unforeseen incidents or events that might occur during EYOF.

UEG/WTC Technical Delegate  
Yvette BRASIER

UEG/MTC Technical Delegate  
Tom THINGVOLD

## **MAG Training schedule 19th - 24th July 2009**

<b>Sunday, 19th</b>	<b>Warm-up hall</b>	<b>Training hall</b>	<b>Competition hall</b>
Sub.div 1	07:20 - 07:50	07:50 - 08:50	09:00 - 11:45
Sub.div 3	08:20 - 08:50	08:50 - 09:50	
Sub.div 4	09:00 - 09:30	09:30 - 10:30	
Sub.div 2	10:05 - 10:35	10:35 - 11:35	11:45 - 14:30
Sub.div 3	12:50 - 13:20	13:20 - 14:20	14:30 - 16:45
Sub.div 4	15:05 - 15:35	15:35 - 16:35	16:45 - 19:00
Sub.div 1	16:05 - 16:35	16:35 - 17:35	
Sub.div 2	16:45 - 17:15	17:15 - 18:15	

<b>Monday, 20th</b>	<b>Warm-up hall</b>	<b>Training hall</b>
Sub.div 1	09:00 - 09:30	09:30 - 10:30
Sub.div 2	10:00 - 10:30	10:30 - 11:30
Sub.div 3	11:00 - 11:30	11:30 - 12:30
Sub.div 4	12:00 - 12:30	12:30 - 13:30
Sub.div 1	13:00 - 13:30	13:30 - 15:30
Sub.div 2	15:00 - 15:30	15:30 - 17:30
Sub.div 3	17:00 - 17:30	17:30 - 19:30
Sub.div 4	19:00 - 19:30	19:30 - 21:30

<b>Tuesday, 21st</b>	<b>Warm-up hall</b>	<b>Training hall</b>	<b>Competition hall</b>
Sub.div 1	07:20 - 07:50	07:50 - 08:50	09:00 - 12:00
Sub.div 3	08:20 - 08:50	08:50 - 09:50	
Sub.div 4	09:00 - 09:30	09:30 - 10:30	
Sub.div 2	11:20 - 11:50	11:50 - 12:50	13:00 - 16:00
Sub.div 3	14:50 - 15:20	15:20 - 16:20	16:30 - 18:45
Sub.div 4	17:35 - 18:05	18:05 - 19:05	19:15 - 21:30
Sub.div 1	18:35 - 19:05	19:05 - 20:05	
Sub.div 2	19:15 - 19:45	19:45 - 20:45	

<b>Wednesday, 22nd</b>	<b>Warm-up hall</b>	<b>Training hall</b>
Sub.div 1	09:00 - 09:30	09:30 - 10:30
Sub.div 2	10:00 - 10:30	10:30 - 11:30
Sub.div 3	11:00 - 11:30	11:30 - 12:30
Sub.div 4	12:00 - 12:30	12:30 - 13:30
Sub.div 1	13:00 - 13:30	13:30 - 15:30
Sub.div 2	15:00 - 15:30	15:30 - 17:30
Sub.div 3	17:00 - 17:30	17:30 - 19:30
Sub.div 4	19:00 - 19:30	19:30 - 21:30

<b>Thursday, 23rd</b>	<b>Warm-up hall</b>	<b>Training hall</b>	<b>Competition hall</b>
MAG CIII		08:50 - 10:20	
MAG CII		10:20 - 11:50	12:00 - 14:30
Add. Tr. 1	14:30 - 15:00	15:00 - 16:30	
MAG CIII	16:00 - 16:30	16:30 - 18:00	
Add. Tr. 2	17:30 - 18:00	18:00 - 19:30	

<b>Friday, 24th</b>	<b>Warm-up hall</b>	<b>Training hall</b>	<b>Competition hall</b>
Add. Tr. 1		09:00 - 11:00	
MAG CIII		11:30 - 16:30	13:00 - 17:00

## WAG Training Schedule 19th-24th July 2009

Short training 1h30: general warm up 30' - 15'/apparatus  
 Long training 1h50 : general warm up 30' - 20'/apparatus  
 Training:2 sets of apparatus excluding floor (one floor)

### Sunday 19<sup>th</sup> July - Training

Warm up Hall	Training Hall				
General warm up 30'	15'/apparatus				
		Vault	Bars	Beam	Floor
8h30	09H00	ITA	ISR - SRB	UKR	FRA
9H00	10H00	SWE	FIN	BEL	
09h30	10H00	ISL	SUI	CZE	IRL
10h00	11H00	POL	DEN - MKD	LAT	SLO
10h30	11H00	POR	HUN	LTU	ARM - CRO
11h00	12H00	RUS	BIH - LUX	NOR	GRE
11h30		BLR	AUT - SVK	GER	NED
12h00	12H00 13H00	ROU	TUR	ESP	GBR
20'/apparatus					
13h00	13H30	ITA	ISR - SRB	UKR	FRA
13h30	14H50	SWE	FIN	BEL	
14h20	14H50	ISL	SUI	CZE	IRL
14h50	16H10	POL	DEN - MKD	LAT	SLO
15h40	16H10	POR	HUN	LTU	ARM - CRO
16h10	17H30	RUS	BIH - LUX	NOR	GRE
17h00	17H30	BLR	AUT - SVK	GER	NED
17h30	18H50	ROU	TUR	ESP	GBR

### Monday 20<sup>th</sup> July - Podium

Warm up Hall	Training Hall/warm up					Competition Hall/Podium				
General warm up 30'	15'/apparatus					30'/apparatus				
		Vault	Bars	Beam	Floor		Vault	Bars	Beam	Floor
8h15 8h45	08H45	FRA	ITA	ISR - SRB	UKR	10H00	ITA	ISR - SRB	UKR	FRA
	09H45		SWE	FIN	BEL	12H00	SWE	FIN	BEL	
10h30	11H00	IRL	ISL	SUI	CZE	12H15	ISL	SUI	CZE	IRL
11h00	12H00	SLO	POL	DEN - MKD	LAT	14H15	POL	DEN - MKD	LAT	SLO
13h15	13H45	ARM - CRO	POR	HUN	LTU	15H00	POR	HUN	LTU	ARM - CRO
13h45	14H45	GRE	RUS	BIH - LUX	NOR	17H00	RUS	BIH - LUX	NOR	GRE
15h30	16H00	NED	BLR	AUT - SVK	GER	17H15	BLR	AUT - SVK	GER	NED
16h00	17H00	GBR	ROU	TUR	ESP	19H15	ROU	TUR	ESP	GBR
16h30	17H00	Training on request								
17h00	18H00									
17h30	18H00	Training on request								
18h00	19H00									

**Tuesday 21<sup>st</sup> July Training**

Warm up Hall	Training Hall - 15'/apparatus				
warm up		Vault	Bars	Beam	Floor
9h00 9h30	09H30	ITA	ISR - SRB	UKR	FRA
	10H30	SWE	FIN	BEL	
10h00	10H30	ISL	SUI	CZE	IRL
10h30	11H30	POL	DEN - MKD	LAT	SLO
11h00	11H30	POR	HUN	LTU	ARM - CRO
11h30	12H30	RUS	BIH - LUX	NOR	GRE
12h00		BLR	AUT - SVK	GER	NED
12h30	12H30 13H30	ROU	TUR	ESP	GBR
20'/apparatus					
13h30	14H00	ITA	ISR - SRB	UKR	FRA
14h00	15H20	SWE	FIN	BEL	
14h50	15H20	ISL	SUI	CZE	IRL
15h20	16H40	POL	DEN - MKD	LAT	SLO
16h10	16H40	POR	HUN	LTU	ARM - CRO
16h40	18H00	RUS	BIH - LUX	NOR	GRE
17h30	18H00	BLR	AUT - SVK	GER	NED
18h00	19H20	ROU	TUR	ESP	GBR

**Wednesday 22<sup>nd</sup> July Competition I**

Warm up Hall	Training Hall/warm up				
warm up 30'	15'/apparatus				
		Vault	Bars	Beam	Floor
8h15 8h45	08H45	FRA	ITA	ISR - SRB	UKR
	09H45		SWE	FIN	BEL
10h40	11H10	IRL	ISL	SUI	CZE
11h10	12H10	SLO	POL	DEN - MKD	LAT
13h45	14H15	ARM - CRO	POR	HUN	LTU
14h15	15H15	GRE	RUS	BIH - LUX	NOR
16h25	16H55	NED	BLR	AUT - SVK	GER
16h55	17H55	GBR	ROU	TUR	ESP
17h30	18H00	Training on request			
18h00	19H00	Training on request			
18h30	19H00	Training on request			
19h00	20H00	Training on request			

Competition Hall/Competition I				
	Vault	Bars	Beam	Floor
10H00	ITA	ISR - SRB	UKR	FRA
12H10	SWE	FIN	BEL	
12H25	ISL	SUI	CZE	IRL
14H35	POL	DEN - MKD	LAT	SLO
15H30	POR	HUN	LTU	ARM - CRO
17H40	RUS	BIH - LUX	NOR	GRE
18H10	BLR	AUT - SVK	GER	NED
20H20	ROU	TUR	ESP	GBR

**Thursday 23<sup>rd</sup> July Competition II**

Warm up Hall	Training Hall/warm up				
		Vault	Bars	Beam	Floor
09h30	10H00	Training - Competition II			
10h00	11H30	Training - Competition II			
11h00	11H30 13H00	Training on request			
13h00	13H30 15H00	Training on request			
14h55	15H25	Warm up competition II - 20'/apparatus			
15h25	16H45	Warm up competition II - 20'/apparatus			
16h30	17H00 18H30	Training on request			

Competition Hall/Competition II				
	Vault	Bars	Beam	Floor
17H00	Competition II			
19H30	Competition II			

**Friday 24<sup>rd</sup> July Competition III**

Warm up Hall	Training Hall/warm up				
		Vault	Bars	Beam	Floor
09h30	10H00 11H30	Training on request			
10h00	14H00	Training on request			
11h00	11H30 16H30	Warm up Competition III			

Competition Hall/Competition III				
	Vault	Bars	Beam	Floor
13H00	Competition III			
17H00	Competition III			